Our supporters are truly dedicated to the women and children we serve and work so hard to meet every need.
YWCA is on a mission

YWCA Central Alabama’s MISSION is to eliminate racism, empower women and promote peace, justice, freedom and dignity for all.

YWCA Central Alabama’s VISION is to create a more caring community. The YW plays a leadership and collaborative role as it works to achieve positive change in the lives of individuals and in the community.

In 1903, Maybelle Sloss FOUNDED YWCA Central Alabama with the VISION of providing for women of small means in adverse circumstances.

Over the years, our programs and services have evolved to meet the ever-changing needs of women, children, and families in crisis. We now provide very critical services in four main program areas: domestic violence services, early childhood development, affordable housing, and social justice.

Headquarters are in the heart of downtown Birmingham at 309 23rd Street North. Our SERVICE AREA covers Blount, Jefferson and St. Clair counties.

63,697 Hours of service provided by 40 AmeriCorps members to the YWCA, our partner agencies and the community

86,007 Nights of safe, affordable housing provided to 318 individuals, including elderly and disabled residents and those transitioning from homelessness

14,152 Days of care provided to 121 children in our Calico Corner and KIDS Korner programs

4,424 Units of court advocacy services to assist domestic violence victims

19,528 Women, girls & families served
Dear YW Friends:

Wow! Where did 2018 go?

YWCA Central Alabama has been a dear member of my family for generations, and it has been an honor to serve as the YW Board of Directors President in 2018. We have experienced many successes this year through our program initiatives and fundraising events.

In February, our Junior Board members hosted the 2018 KIDS Korner Luncheon. This annual event brought together the wonderful world of future philanthropists and the younger generation of YW supporters.

Collectively, we raised $174,000 to ease the burden of child care costs for our YW families working to overcome homelessness or find a safe place, away from an abusive relationship, to call home.

Our network of volunteers embodies the true spirit of volunteerism. We thank you for putting the needs of others before your own and for not thinking twice about sharing your time, talent, and resources to advance the YW’s mission.

Volunteerism brings us together, enriches our community, and gives us immeasurable satisfaction in the laughter of our YW Angels or seeing domestic violence victims transform into YW survivors.

In 2018, we provided critical programs to respond to the needs of community members with the support of volunteers, donor, and community partners.

Our community partnerships provide a wealth of talents, skills, services, and funding to build strong communities together.

Just imagine, the YW leaves a lasting imprint in partner organizations throughout our community. Our impact is not only felt within the Birmingham city limits, it resonates throughout the three county neighborhoods of women, children, and families we serve.

With a grateful and heavy heart, we said farewell to our passionate and steadfast CEO, Yolanda Sullivan. We will remember Yolanda for her hard work, guidance, tenacity, and achievements. She led the organization with incredible grace and devotion.

As we look ahead to 2019, we hope you will be a big part of the next chapter of our YWCA Central Alabama story.
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**2018 SOURCES**

$8,841,308

TOTAL SOURCES

ACTUAL AUDITED

- 41% Grants
- 13% Contributions
- 19% United Way

14% Program Service Fees

12% Special Events

1% Interest / Miscellaneous

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**2018 EXPENSES BY PROGRAM**

- 21% Domestic Violence Services
- 15% Management & General
- 12% Residency
- 12% Social Justice
- 10% Building Services
- 8% Child Development (Low-Income)

- 6% Child Development (Homeless)
- 5% Interfaith Hospitality House
- 4% YW Homes
- 2% After-School Enrichment Program
AFFORDABLE HOUSING

YWCA provides affordable housing units for individuals and families living paycheck to paycheck including the elderly, disabled, homeless, and other vulnerable populations.

CREW
CREW (Creating Responsible, Educated, Working Teens) provides valuable summer work experience for teenagers and is housed in the YW’s Family Resource Center, which serves the Woodlawn community.

TRANSITIONAL & PERMANENT HOUSING

The YW offers more than 150 affordable housing units, including permanent housing as well as transitional housing for women escaping abusive relationships.

86,007 nights of affordable housing provided to 313 individuals, including elderly and disabled residents and those transitioning from homelessness.

65,859 nights of permanent rental housing for 229 residents at our downtown and Woodlawn campuses.

7,270 nights of shelter provided to 32 homeless families at Interfaith Hospitality House. Distributed 549 food boxes to those in need.

323 adults & 362 children from the Woodlawn community served through arts, educational, and healthy lifestyle programs.

MISSION IMPACT

YW Housing is an important component in helping many people in our community recover and get back on their feet following extremely traumatic situations. One example is Danyetta, who is now in our permanent housing. When she came to us with her three children, many emotional and financial challenges lay before her. She was not working. She had lost a child. Her bank accounts were exhausted. Finding this housing was the first step in getting things back on track. While in YWCA housing, she started working as a temp at UAB and was recently hired full time as a Certified Nursing Assistant. That is what YW Housing provides — stability and a place to live while putting the pieces of life back together.

Volunteers are often at our shelters, making them as hospitable as possible for the women, families, and children who arrive there — sometimes with just the clothes on their backs.
CHILD DEVELOPMENT

KIDS KORNER & CALICO CORNER

KIDS Korner provides a safe, nurturing environment for children of homeless families to learn, play and grow.

Calico Corner primarily serves children of low-income, working families.

AFTERSCHOOL ENRICHMENT PROGRAM

The After-School Enrichment Program (ASEP) provides academic support for homeless children in grades K-8. The summer program offers field trips, academic instruction, swimming, arts, and more.

FIRST CLASS PRE-K

YWCA Central Alabama’s Child Development Center* is nationally accredited by the National Association for the Education of Young Children (NAEYC), an honor only 6 percent of centers in the country have earned.

The First Class Pre-K program** prepares students for "big school," so they are ready to learn and are on track academically, socially, and emotionally with their peers.

MISSION IMPACT

Without KIDS Korner, children like 2-year-old Finn and 1-year-old Morey would not get the special care they need. Their mother came to the YW through our domestic violence program. While we were helping her get back on her feet, her children received quality care each day. In fact, Finn now speaks in two languages (French and English), and Morey just started walking.

Children who come from homes where domestic violence is prevalent may feel isolated and abandoned. YWCA staff tailor the curriculum to meet these students’ needs and help them gain feelings of self-worth.

14,152 days of care provided to 121 children in the Calico Corner and KIDS Korner programs.

4,827 days of academic and enrichment activities delivered to 77 children in our after-school and summer programs.

2,685 toys and gifts distributed to 592 children through the annual Santa’s Workshop.
DOMESTIC VIOLENCE SERVICES

Ending Abuse

SHELTERS & 24-HOUR CRISIS LINE

YWCA Central Alabama offers a variety of services to help domestic violence victims/survivors and their children escape abusive homes and become self-sufficient. The YW has emergency shelters for victims and their children that serve Jefferson, St. Clair, and Blount counties. The agency operates a 24-Hour Crisis Line (205.322.4878) to assist callers with safety planning and other resources.

SUPERVISED VISITATION

The Supervised Visitation and Exchange Center at YWCA Central Alabama provides an emotionally and physically safe environment for children to visit with their noncustodial parents.

COURT ADVOCACY

YWCA Central Alabama court advocates help victims navigate the court system while the Family Law Center provides comprehensive civil legal services to victims of domestic violence, sexual assault, stalking, and dating violence.

MISSION IMPACT

What would you do if you were pregnant and had to flee your home due to domestic violence? Henrietta, with no place to go and in a moment of desperation, called YWCA Central Alabama’s crisis line and found our domestic violence shelter. After three months in the shelter, she moved to transitional housing for 10 months. Her caseworker, April, said Henrietta took advantage of every service we had to offer, including financial management courses and counseling for herself and her children. Henrietta has a good job and is saving money to purchase her own home.

I no longer apologize for being who I am. I have found a way to live my life and I am so happy. I am alive. I no longer have to feel fear and pain in my life. I am free to just live my life. I am happy and I love being alive. I am alive again.

10,503 nights of safety provided for 226 adults and 211 children in two shelters. Responded to 1,688 Crisis Line calls.

4,424 units of court advocacy services given to assist domestic violence victims. Delivered civil legal services in 272 cases.

1,677 students taught about healthy dating relationships. Delivered domestic violence outreach and training to 2,949 individuals.

231 men, women, and children were delivered safe visitation and exchange services.

Lesson in Self-Motivation

Domestic Violence Services offers a variety of outreach efforts, including educational sessions for clients, community partners, and organizations. During a hands-on workshop in 2018, participants wrote self-motivating notes to overcome feelings of guilt, shame, self-blame, and helplessness.

I live for my child. I live for anybody else. I no longer apologize for being who I am. I am unapologetically me. I am unapologetically me.

I refuse to apologize for being who I am. I refuse to apologize for being who I am.

No matter where I am, I will live. I feel simply love, hard. I love. I live.
YWCA Central Alabama’s social justice programs are designed to equip students and adults with the skills they need to stand up for what is right and to help make schools and communities more fair and inclusive for all.

Youth programs, including Heritage Panel, PEACE Birmingham, and Anytown Alabama, allow diverse groups to learn from each other and help participants become advocates for change.

YWCA Central Alabama is committed to advocacy that supports our mission of eliminating racism and empowering women.

YWCA advocates for fair lending practices for all to help clients trapped in a cycle of debt from payday and title loans with exorbitant interest rates.

Eliminating Racism

Anytown Alabama is designed to help students realize that they can be different from one another but still be united. Spending seven days with such a diverse group has a profound impact. Students learn how their experiences affect their everyday experiences. With their awareness raised, students are equipped to be leaders who promote acceptance of all people and who work for changes to make their schools, and communities, more just.

The Building Communities, Bettering Lives AmeriCorps program is a service initiative that increases the impact and reach of the YW and other local nonprofits.

* Partnerships with The National Conference for Community and Justice
** Partnership with the Governor’s Office of Volunteer Services and the Corporation for National and Community Service

63,697 hours of service contributed by 40 AmeriCorps members to YWCA, our partner agencies and the community.

10,106 clothing items awarded to 773 people and provided 322 prom dresses to girls through My Sister’s Closet.

670 youth and adults equipped to break down barriers and build bridges through leadership training and programs.

240 community members and policy makers at events were reached through advocacy for fair lending practices.

Tarrant, Mountain Brook, Homewood, Birmingham, Jefferson County, Shelby County – altogether more than 33 high schools in the Birmingham area were represented by student delegates at Anytown Alabama 2018 at Camp Hargis in Chelsea. More than 80 youth participated in leadership building exercises and immersed themselves in discussion sessions on such polarizing topics as racism, classism, religious diversity, gender equality, and sexual orientation. “Everything that I learned this week is something that I can take into the real world and really use,” said Anytown delegate Patrick. “We really all connected, and it was an amazing experience.”
YWCA Central Alabama salutes our sponsors, partners, and donors for their support of our programs and initiatives that bring about change in the lives of some of our state’s most vulnerable people. You are a beacon of hope for the Clairess counties. Together, we can truly realize empowerment, inclusion, and peace, justice, freedom, and dignity for all.

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