

For Immediate Release

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YWCA to Host “Make a Change” Workshop for Students and Educators

Birmingham, AL, Jan. 18, 2017 – YWCA Central Alabama will host the **“Make a Change” workshop**, an annual social justice program for high school students and educators, on **Jan. 29, 2017 from 2-6 p.m. at the YWCA, 309 23rd Street North, Birmingham, AL 35203.**

The focus of the one-day leadership training will be on the power of leadership and the impact of leaders in creating inclusive communities. Through honest, respectful dialogue, students and educators from all over the Birmingham area will develop leadership strategies to encourage unity and to initiate change within their schools.

Make a Change has historically focused on current topics, which in past years have included race and racism, immigration, LGBTQ youth, and privilege. Each year, participants are empowered and leave with a better understanding of each other and the issues that affect them.

Here’s a look at what some 2016 participants had to say about the experience:

- “I got a chance to understand the issue from many viewpoints.”
- “I learned more about how students perceive inequality in their lives.”

The cost for the workshop is \$10 and will include program materials, snacks and a T-shirt. Tickets may be purchased online at www.makeachange17.eventbrite.com. For more information, contact Elliott Spillers at espillers@ywcabham.org or 205.322.9922, ext. 183.

To schedule a media interview, contact Angela Moore at 205.515.2392.

YWCA Central Alabama is a United Way agency dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all. The YWCA provides child development programs for children of homeless and working poor families; safe, affordable housing; a broad array of domestic violence services; and social justice programs. For more information, please visit www.ywcabham.org, <http://www.facebook.com/YWCACentralAlabama> and <http://www.youtube.com/ywcentralal> or follow @YWCentralAL on Twitter.